

# MYSL (Murrieta Youth Soccer League)



Spring 2024 – U14 & U18

# *THANK YOU* for Volunteering!

**799**  
PLAYERS!!



**84**  
TEAMS!!!

**67**  
HEAD COACHES!!!

YOU MAKE ALL  
THE  
DIFFERENCE!!!

**40**  
ASSISTANT  
COACHES!!!



# Recreational League

**President: Rob Hawkes**  
myslpresident@gmail.com

**Vice President: Dennis Adams**  
myslvp@gmail.com

**Dir of Recreation: Todd Jahraus**  
myslrecreation@gmail.com

**Asst Dir of Recreation: OPEN**

**Dir of Micros: Kyla Jahraus**  
myslmicros@gmail.com

**Asst Dir of Micros: Noah Ridlon**  
myslmicros2@gmail.com

**Bill Dyer**  
billbruin64@yahoo.com

**Registrar**

**Gladis Rada**  
myslreg@gmail.com

**Operations**

**Schedules**

**Jenna Dullaghan**  
myslschedule@gmail.com

**Micros  
U5, U6, U8**

**League  
Services**

**Meghan Silverthorn**  
myslleagueservices@gmail.com

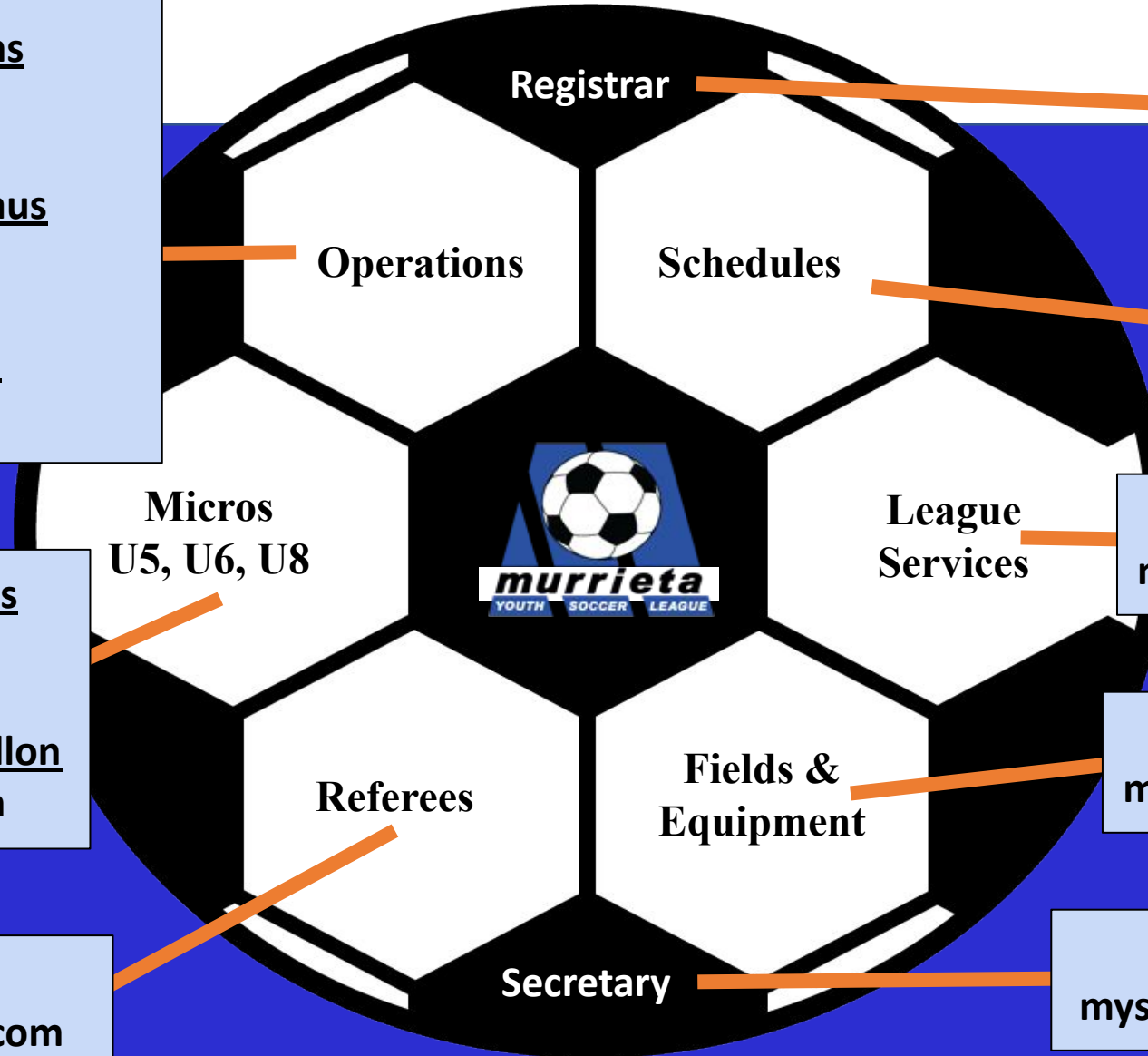
**Referees**

**Fields &  
Equipment**

**Reedham Patel**  
myslequipment@gmail.com

**Secretary**

**Kellie Goodwin**  
myslsecretary@gmail.com





# U14 & U18 Team Counts

## U14C

\* 6 Teams \*

\* 95 Players \*

(min 11, max 16)

## U18C

\* 6 Teams \*

\* 61 Players \*

(min 9, max 12)



# Code of Conduct

- I pledge to play my part to make soccer fun and enjoyable for all involved.
- I will be a positive influence through my actions and words in order that my team and all others participating in the game of soccer may have a positive experience.
- I will always demonstrate good sportsmanship towards all players, coaches, and officials at every game and practice. I will manage my team and their scoring in a manner that is positive and not humiliating to a team of lesser ability.
- I will respect the referee and abide by the referee's decisions during the game, as well as refraining from criticizing officials in the presence of others. I will not incite players or spectators, or attempt to disrupt the flow of play, and will encourage spectators to refrain from demonstrating intimidating behavior towards officials or opposing teams.



# Code of Conduct (Con't)

- I will place the emotional and physical well-being of my players ahead of my own personal desire to win; remembering that the game is for the players and not the adults.
- I will maintain control of my sidelines and the conduct of the parents and spectators always. I will be sure all coaches, players and spectators stay within the designated areas and I will help keep the sidelines free of trash and animals.
- I will make myself, or another team representative, available for field set up or clean up when my team has the first or last game of the day.
- I will insist that my players partake in a safe and healthy environment; an environment that is free from drugs, alcohol and tobacco and will refrain from their use at all soccer games events and practices.
- I will insist that all players, coaches, officials and spectators are treated with respect regardless of age, sex, race, creed or ability.



# Parent Code of Conduct

## MYSL Parent Code of Conduct



We, the board members of Murrieta Youth Soccer League, have implemented the following Sport Parent Code of Conduct for the important message it holds about the proper role of parents in supporting their child in sports. Parents should read, understand and sign this form prior to their children participating in our league.

Any parent or spectator guilty of improper conduct at any game or practice will be asked to leave the sports facility and you **and your player will be automatically suspended from attending the following game.** More severe or repeat violations may cause a multiple game suspension, or the season forfeiture of the privilege of attending all games.

### *Preamble*

The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles:

- Trustworthiness,
- Respect,
- Responsibility,
- Fairness,
- Caring, and
- Good Citizenship.

The highest potential of sports is achieved when competition reflects these "six pillars of character."

7. I will not encourage any behaviors or practices that would endanger the health and well being of the athletes.
8. I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
9. I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.
10. I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance.
11. I will praise my child for competing fairly and trying hard.
12. I will never ridicule or yell at my child or other participants for making a mistake or losing a competition.
13. I will emphasize skill development and practices and how they benefit my child over winning. I will also de-emphasize game outcomes in the lower age groups.

### *I therefore agree:*

1. I will not force my child to participate in sports.
2. I will remember that children **participate to have fun** and that **the game is for youth, not adults.**
3. I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
4. I will learn the rules of the game and the policies of the league.
5. I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, referees and spectators at every game, practice or other sporting event.
6. I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.

14. I will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for my child to win.
15. I will respect the referees and their authority during games and will never question, discuss, or confront coaches at the game field, and will take time to speak with coaches at an agreed upon time and place.
16. I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol and I will refrain from their use at all sports events.
17. I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.

---

Parent/Guardian Signature



# Field Etiquette Reminders

- Move-on and move-off the field quickly. This is very important for our game day schedules. Remind your parents to be courteous of other parents coming on and off the field.
- No music or noise makers are permitted on the fields.
- Pick up your trash and other items (like orange peels) at completion of games. No one is picking up after you.
- No EZ-UPS on the turf (Field 2).
- Please remind players and siblings to stay off the goals and the nets.
- No pets of any kind on any fields. Games will be delayed by field marshal until pets are removed.
- Be courteous of others around you. Tents, EZ-ups and wagons tend to take up a lot of space, think of your fellow spectator - BE NICE TO EACH OTHER OUT THERE!





# Fields and Equipment

- **Coaches with the first game and last game of the day are required to move the goals and the corner flags. Reedham will email coaches each week as a reminder.**
- **Coaches that select a MVUSD school site for practices will not be receiving a key but instead they will receive an email by the End of Day on Sunday with a location and combination of a lock box to access the fields.**
- **Once session is over please head to table in back to pick up your equipment. If you did not request equipment you can still get some - just see Reedham at the table.**



# Fields and Equipment (Con't)





# Schedules

- **Director of Schedules manages all Practice Schedules and Game Schedules.**
- **Field Closures**
  - **There's a link on the MYSL website to the City's Field Condition status.**
    - **<https://myslsoccer.org/field-conditions>**
  - **Hotline**
    - **951-461-6101**
  - **When fields are closed teams can NOT practice on the grass at any parks or schools.**



# Coaching Tips

- **Communication**

- Group texts/emails for parents. Use a team website/app for parent communication (Team Snap, etc.).
- Get to know the other coaches and referees. You will see them season after season.

- **Organization**

- Soccer gear (balls, cones, pinnies) – Make sure you have enough. See Reedham (Fields and Equipment Board Member) if you need additional items.
- Please be on time and ready to coach at practices and games.

- **Positive Coaching**

- We want players and parents to enjoy the game and continue to want to play.
- This is *recreational* soccer and there will be a variety of skill levels on each team. It is important to keep this in mind.
- Please keep the game as fun as you can for *all* players.



# U14 & U18 Divisions

- Size 5 soccer ball.
- U14 - 11v11 game format.
- U18 - 9v9 game format (driven by registration numbers).
- Games consist of two (2) 35-minute halves. Coaches substitute at the 17 ½ minute mark per the referee. 5-minute halftimes.
  - Substitution rule. All players must sit once before any player can sit twice.
- Spectators sit on the same sideline with their team.
- Clock does not stop. Please have your subs ready to go as quickly as possible.
- Offside rule is enforced.



## U14 & U18 Divisions (Con't)

- If you are unable to coach a game please let us know in advance and ask a parent to cover for you (Board Member will be in vicinity to answer any questions or provide assistance as needed).
- A blank lineup card will be emailed to you at the beginning of the season and will also be available for download from the MYSL website. Lineup cards need to be filled out BEFORE you check-in for your game. Each coach is responsible for the accuracy of their card. (*½ point penalty for not having the lineup card filled out accurately*).
- Coaching lanyard – All Head and Assistant coaches must wear their lanyard at games with their admin card shown. (*½ point penalty for not having admin card*).
- Failure to comply with the game card and coaching lanyard policies could result in not being selected to coach in future seasons.



## U14 & U18 Divisions (Con't)

- After a goalkeeper save/stop, once the keeper places the ball on the ground or throws it back into play it is a live ball. It does not have to pass the penalty box to be a live ball.
- If a player receives a yellow card, that player must sit out at least one play per the referee's discretion. For example, purposeful stoppage of play such as intentionally kicking the ball out of bounds will not be considered one play.
- No uniform modifications.
- No player identification on banners (player safety).
  - Names without numbers are fine.
  - Numbers without names are fine.
  - Names WITH numbers are NOT allowed.



# U14 & U18 Divisions (Con't)

- Traditionally Spring is our “Development Season” but we’re introducing the “Spring Cup Tournament” for a competitive incentive for U10-U18 divisions
  - No standings weeks 1-6 (you are training for the tournament)
  - Weeks 7-9 will be treated like a weekend tournament (3 games) with a 10-point scoring system
    - 6 points for a win
    - 1 point for each goal scored (up to 3)
    - 1 point for a shutout
    - 3 points for a draw
  - Week 10 will have a Championship Game (Top 2 teams in points) - other teams will play a regular game












# Lineup Cards (Con't)

## Example Lineup Card

		YES	NO					
MYSL Lineup Card Spring 2024								
MYSL Referee use only			Card completed					
			Lanyard visible					
Division	U10C	Team #	1001					
Team Name	Green Hornets							
Team Color	Green							
Head Coach	Maureen Biologist							
Assistant Coach	Barb Akew							
								
No.	PLAYER NAME	Goals	Subs				Cards	
			1	2	3	4	Y	R
5	Outa Meway							
6	Bowen Arrow							
7	Chris Mass							

*\*All rostered players must be listed above*

Date	3/9/2024	Time	8:00 AM	Field	6B
Home Team #	1001	Visitors Team #	1002		
Halftime Score	1-2	Final Score	3-2	Winner	1001
Center Referee					
Assistant Referee					
Assistant Referee					
Home Coach Signature					
Visitors Coach Signature					



# Lower Fields

- Field 1A: U6
- Field 1B: U5
- Field 1C: U8G
- Field 1D: U8C
- Field 2: U14C
- Field 3: U18C/U10G





# Upper Fields

- Field 4: U12G
- Field 5: U12C
- Field 6A: U10G
- Field 6B: U10C





# Coaching Resources

(<https://myslsoccer.org/coachresource>)



Welcome

Registration

Programs

Coaches & Team Parents

Sponsors

Downloads

FAQ

MYSL Contact

Referees

**MYSL FIELDS**

## Coach Resources

LINE UP CARD

SAMPLE LETTER TO PARENTS

TEAM MEETING TOPICS

AGE APPROPRIATE TRAINING LINKS

U5 BEGINNER COACH

U5 PRACTICE SESSIONS

U6 COACH MANUAL

U6 PRACTICE SESSIONS

U8 COACH MANUAL

U8 PRACTICE SESSIONS

US SOCCER PLAY PRACTICE PLAY ALL AGES

MYSL CODE OF CONDUCT

TEAM DRAFT PROCESS

FREEZE FORM U5, U6, U8



# Team Banners

**ACTION HERO BANNERS**  
NOT YOUR AVERAGE BANNER!

STANDARD 3'x5' TEAM BANNER  
**ONLY \$105** +TX  
All banners are printed on weatherproof vinyl material with grommets installed.

FIRST TIME COACH & TEAM PARENT TOOLS ONLINE! FREE!!

SEASON CHAMPION PENNANTS \$20 PER PLAYER + TX (BY PLAYER NUMBER PLEASE)

**ACTION HERO BANNERS**

Pipe Frame Kits  
Player Pennants  
Mini Posters  
Season Keepsakes  
FREE Coaching Tools Online  
Start Your Team Banner Today!

[www.ActionHeroBanners.com](http://www.ActionHeroBanners.com)  
**CALL MIKE (951) 326-6726**

Banner companies are not endorsed by MYSL. These are just examples of companies that coaches have had success with in the past.

**John Garrett**  
Branding Specialist

Phone: [951-387-4433](tel:951-387-4433)  
Mobile: [925-642-5558](tel:925-642-5558)  
Email: [John@sayitwithink.com](mailto:John@sayitwithink.com)

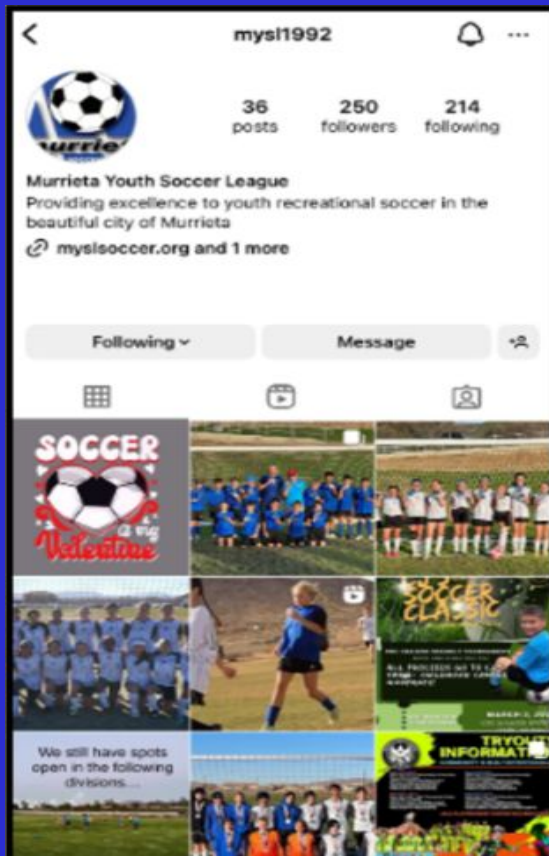
Murrieta, CA

[www.sayitwithink.com](http://www.sayitwithink.com)



# MYSL Social Media & SWAG

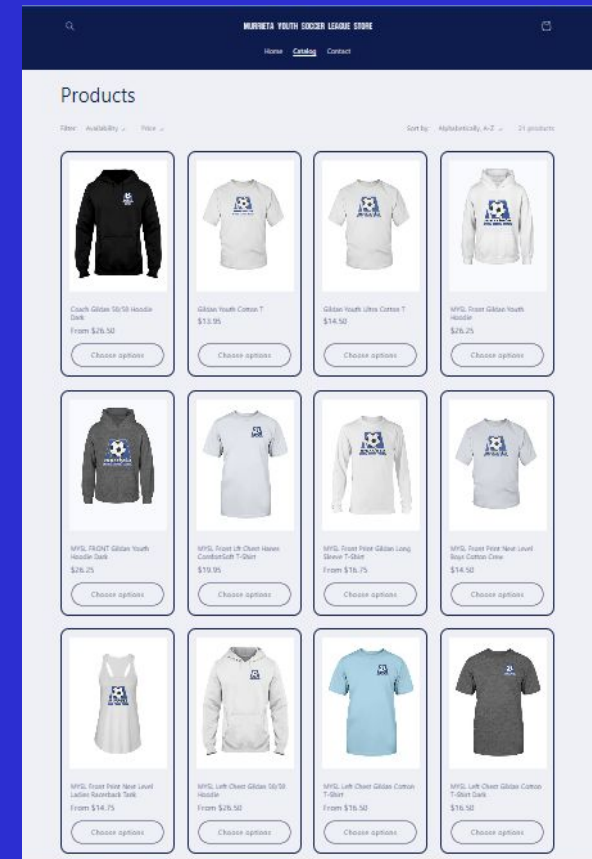
## Instagram: [mysl1992](#)



## Facebook



## SWAG Shop





# Coach Reimbursement (Head Coaches Only)

- ✓ Complete Risk Management approval (Live Scan)
- ✓ Obtain appropriate Grassroots license level - 4v4, 7v7, 9v9, 11v11
- ✓ Complete Safe Sport online class
- ✓ Obtain and upload your concussion certificate
- ✓ Submit Coaching Admin Form
- ✓ Submit signed Code of Conduct form
- Submit player rankings WITH COMMENTS at end of season
- Return all borrowed equipment

Checks will be made available as soon as possible at the end of the season





# QUESTIONS?

